

Child Development Watch has

professionals who can identify if an infant or child has a developmental delay or disability and can assist with seeking resources to support families' strengths.

If a child is found to have a developmental delay or disability,

a team of experts in child development will work with you to help you provide your child with experiences to develop your child's skill and abilities. An Individualized Family Service Plan (IFSP) will be developed with you to meet the needs of you and your child. You, as the parent, will be an important decision maker in the development of this plan for your child.

The professionals working with you will:

- ★ Help to integrate families' goals into everyday routines and settings.
- ★ Share what services and supports are available and who can provide them.
- ★ Share how services can help your child.
- ★ Discuss how costs for services can be paid.



Please call, it can make all the difference for your child's future.



More than 3,000 children annually receive support through Child Development Watch.

Most of what a child learns in a life-time is learned in the first 5 years. It is important in these early years to give your child every possible opportunity to develop these important skills.

Child Development Watch supports developing these skills in natural settings, such as home, childcare or community programs.

"This program really helped me make sense of this whole process, at a time when nothing made sense."

– A Child Development Watch Parent



Department of Health and Social Services

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Youth and their Families

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**Helping Delaware's parents
make the most of their
children's early years.**

Your child may look like other children, yet as a parent you may feel that something is not quite right.

He or she may be growing and changing, yet may have difficulty hearing, seeing, talking, moving, or learning the way other children do. This is called a developmental delay.

How can you tell if there might be a concern with your child?

Look at the developmental checklist describing what children of your child's age can do. If you would like a more complete list of how children grow and develop between birth and age five, call the telephone number or visit the website for Child Development Watch for a copy of the *Growing Together Portfolio*.

The sooner you ask questions about your concerns, the sooner your concerns will be addressed.

Child Development Watch is here to answer the question, "Is my child growing like other children?" If the answer is no, there are services and professionals available to help you to understand the next steps with your child and to support you during this emotional time.

Child Development Watch is a confidential program.

Information about your child will not be shared with others without your consent. When you meet with a family service coordinator for the first time, you will be given a list of your rights.

Developmental Checklist

0–9 months:

- follows an object with her eyes
- turns to hear a noise
- holds her head up
- makes sounds and laughs
- turns when her name is called
- says mama, dada or other sounds over and over

10–18 months:

- points, put objects in and out of container
- crawls, walks independently
- feeds himself, transitions from bottle to cup

19–35 months:

- walks, runs with coordination
- follows two step instructions
- points to mouth, nose, eyes and other body parts
- uses at least 8 to 10 words
- seeks praise and recognizes feelings of others

36–60 months:

- walks up and down steps independently
- runs and jumps, kicks a ball
- talks in short sentences, counts in sequence
- plays with peers, enjoys a variety of pretend play
- names people he knows

Parents with newborns to 3-year-olds can call Child Development Watch at:

New Castle County

Referrals call Central Intake: (302) 283-7140
Central Intake fax referrals: (302) 283-7141
All other inquiries call NCC
Child Development Watch: (302) 283-7240
NCC toll free: (800) 671-0050

Kent and Sussex Counties

Child Development Watch: (302) 424-7300
Fax referrals: (302) 422-1363
Statewide toll free to CDW
Kent and Sussex Counties: (800) 752-9393

A Spanish interpreter is available to assist you in talking with Child Development Watch staff.

Children three and older can be referred to their school district's Child Find Coordinator or Special Education Supervisor.

Child Development Watch:

<http://www.dhss.delaware.gov/dph/chs/chscdw.html>

Birth to Three Early Intervention System:

<http://dhss.delaware.gov/dhss/dms/epqc/birth3/directry.html>

